

Alabama Department of Public Health

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: D3785 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____ | (X3) DATE SURVEY COMPLETED 02/09/2022 |
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| NAME OF PROVIDER OR SUPPLIER BLUFFS AT GREYSTONE I, THE | STREET ADDRESS, CITY, STATE, ZIP CODE 6328 FARLEY LANE BIRMINGHAM, AL 35242 |
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| A 000 | <p>Initial Comments</p> <p>On February 9, 2022, an unannounced licensure survey was conducted for this 87 bed Assisted Living Facility (ALF) with a census of 23.</p> <p>There were no complaints investigated during this survey.</p> <p>Deficiencies were cited during this survey for failure to operate in accordance with the Rules of the Alabama State Board of Health (SBOH), Alabama Department of Public Health (ADPH), Chapter 420-5-4, Alabama Administrative Code, for Assisted Living Facilities. The deficiencies cited pose a risk or potential risk of harm to the residents and requires a plan of correction.</p> | A 000 | | |
| A 402 | <p>420-5-4-.04 (3) Personnel.</p> <p>(3) Employee Screening.</p> <p>(a) Prior to any resident contact, such as but not limited to assistance with activities of daily living, newly employed personnel shall have a physical examination certifying that the employee is free of signs and symptoms of infectious skin lesions and diseases that are capable of transmission to residents through normal staff to resident contact. Employees who develop signs or symptoms of infectious skin lesions or diseases that would be capable of transmission to residents through normal staff to resident contact shall not be permitted to have resident contact until free from such signs and symptoms.</p> <p>(b) Not more than 30 days prior to any resident contact, newly employed personnel shall be properly evaluated for tuberculosis.</p> <p>(c) Vaccines. Assisted living facilities</p> | A 402 | | |

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| Health Care Facilities LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE |
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| A 402 | <p>Continued From page 1</p> <p>shall immunize employees in accordance with current recommended Centers for Disease Control and Prevention (CDC) guidelines (www.cdc.gov/vaccines). Any particular vaccination requirement may be waived or delayed by the State Health Officer in the event of a vaccine shortage.</p> <p>(d) An assisted living facility shall not hire an individual whose name is on the Alabama Department of Public Health Nurse Aide Abuse Registry.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interview, employees were not screened as required prior to hire and prior to resident contact.</p> <p>Findings:</p> <p>Review of employee files on the afternoon of February 8, 2022 revealed the following deficiencies.</p> <p>Employee Identifier (EI)#2 and EI#11 were not screened for abuse through the Alabama Department of Public Health Nurse Aide Abuse Registry prior to hire.</p> <p>EI#1, EI#2, EI#3, EI#9 and EI#11 did not have a statement from the physician certifying the employees were free of signs and symptoms of infectious skin lesions and diseases that were capable of transmission to residents through normal staff to resident contact. Although physical examinations were documented for each employee, the reports did not contain this statement from the physician.</p> | A 402 | | |

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| A 402 | Continued From page 2 On the afternoon of February 8, 2022, EI#4 stated she (EI#4) had reviewed employee files and identified missing information prior to the survey. EI#4 also stated she (EI#4) believed employees had been screened but the documentation could not be located as the employees were hired prior to EI#4 coming to the facility. EI#4 added the facility was working on obtaining information to update all employee files and agreed the physician's statement was missing from the physical examination forms. | A 402 | | |
| A 403 | 420-5-4-.04 (4) Personnel. (4) Personnel Records. An assisted living facility shall maintain a personnel record for each employee. This record shall contain: (a) An application for employment which contains information regarding the employee's education, training, and experience. (b) Verification of current certification or licensure, if applicable. (c) Record of required physical examinations and vaccinations. (d) Verification the facility has not hired an individual whose name is on the Alabama Department of Public Health Nurse Aide Abuse Registry. (e) Date of hire. (f) Date of initial resident contact. (g) Date employment ceased. | A 403 | | |

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| A 403 | <p>Continued From page 3</p> <p>This Rule is not met as evidenced by: Based on record reviews and interview, the facility failed to maintain all required information in personnel records.</p> <p>Findings:</p> <p>Review of employee files on the afternoon of February 8, 2022 revealed the following deficiencies.</p> <p>There was no verification of current nursing licensure for EI#2, Registered Nurse (RN).</p> <p>EI#2 did not have an application for employment.</p> <p>There was no documentation of initial resident contact date for EI#1, EI#2, EI#3, EI#9 and EI# 11.</p> <p>On the afternoon of February 8, 2022, EI#4 stated she (EI#4) had reviewed employee files and identified missing information prior to the survey. EI#4 also stated she (EI#4) believed required information had been obtained for employees upon hire but the documentation could not be located as the employees were hired prior to EI#4 coming to the facility. EI#4 added the facility was working on obtaining information to update all employee files.</p> | A 403 | | |
| A 405 | <p>420-5-4-.04 (6) Personnel.</p> <p>(6) Training.</p> <p>(a) All staff who have contact with residents, including the administrator, shall have</p> | A 405 | | |

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| A 405 | <p>Continued From page 4</p> <p>initial training prior to resident contact and refresher training annually and as necessary. Documentation of all staff training to include attendance records and any required post-test or evaluations shall be maintained in the facility. In addition to any information otherwise required by the facility's policies and procedures, the facility shall ensure that prior to resident contact, all staff members receive training on the subject matter listed below:</p> <ol style="list-style-type: none"> 1. State law and rules on assisted living facilities. 2. Facility policies and procedures. 3. Resident rights. 4. Current certification from the American Heart Association or the American Red Cross in cardiopulmonary resuscitation (CPR) within 90 days of hire. 5. Identifying and reporting abuse, neglect, and exploitation. 6. Basic first aid. 7. Advance directives. 8. Protecting resident confidentiality. 9. Resident fire and environment safety. 10. Special needs of the elderly, mentally ill, and mentally retarded. 11. Safety and nutritional needs of the elderly. | A 405 | | |

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| A 405 | <p>Continued From page 5</p> <p>12. Identifying signs and symptoms of dementia.</p> <p>(b) Cardiopulmonary Resuscitation. An assisted living facility shall be staffed at all times by at least one individual who has a current certification from the American Heart Association or the American Red Cross in CPR. All employees of an assisted living facility who have contact with residents must be certified in CPR from the American Heart Association or the American Red Cross. New employees must obtain certification in CPR within 90 days of hire. An assisted living facility equipped with an automated external defibrillator (AED) shall be staffed at all times by at least one individual who has a current certification from the American Heart Association or the American Red Cross in AED utilization. Substitute training approved by the Department for use by emergency medical services personnel (EMSP) may be utilized in lieu of those courses or certifications offered by the American Heart Association or American Red Cross in CPR or AED utilization.</p> <p>(c) If the facility admits or retains residents with special needs such as diabetes, hospice, or oxygen therapy, the facility shall provide staff with the appropriate training.</p> <p>(d) Continuing Education. All staff must receive annual continuing education sufficient to remain knowledgeable of the training specified above.</p> <p>This Rule is not met as evidenced by: Based on records reviews and interview, the</p> | A 405 | | |

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| A 405 | <p>Continued From page 6</p> <p>facility failed to ensure employees had documentation of required training and were currently certified in CPR.</p> <p>Findings:</p> <p>Review of employee files on the afternoon of February 8, 2022 revealed the following deficiencies.</p> <p>EI#1 and EI#11 did not have documentation of current certification in CPR. Both EI#1 and EI#11 had been employed at the facility greater than 90 days.</p> <p>EI#1, EI#2, EI#9 and EI#11 did not have documentation of training in the following: State law and rules; identifying and reporting abuse, neglect and exploitation; basic first aid; advance directives; protecting resident confidentiality; resident fire and environmental safety; special needs of the elderly, mentally ill and mentally retarded; identifying signs and symptoms of dementia; safety and nutritional needs of the elderly.</p> <p>EI#1, EI#2, EI#3, EI#9 and EI#11 did not have documentation of training in special needs of residents to include diabetes mellitus.</p> <p>On the afternoon of February 8, 2022, EI#4 stated she (EI#4) had reviewed employee files and identified missing information prior to the survey. EI#4 also stated she (EI#4) believed training had been completed for employees upon hire but the documentation could not be located as the training occurred prior to EI#4 coming to the facility. EI#4 added the facility was working on obtaining information to update all employee files as well as scheduling additional training for</p> | A 405 | | |

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| A 405 | Continued From page 7 employees to include CPR. | A 405 | | |
| A 601 | <p>420-5-4-.06 (1) Care of Residents.</p> <p>(1) Medical Direction and Supervision. The medical care of residents shall be under the direction and supervision of a physician.</p> <p>(a) Designation of Attending Physician. Upon admission, each resident shall be asked to designate an attending physician of his or her choice. If the resident is unable to designate an attending physician, or does not wish to designate an attending physician, the facility shall assist the resident in identifying an attending physician who will serve the resident. A resident shall be permitted to change the designation of his or her attending physician at any time. Whenever a resident requires medical attention, an attempt shall first be made to contact the resident's attending physician, except in medical emergencies requiring activation of the local EMS system (911 or another emergency call).</p> <p>(b) Back-up Physician Support. Each assisted living facility shall have an agreement with one or more duly licensed physicians to serve in those instances when a resident's own attending physician cannot be reached, and to provide temporary medical attention to any resident whose attending physician is temporarily not available. A nurse practitioner or physician's assistant shall not serve as the back-up physician in an assisted living facility.</p> <p>(c) All physician orders shall be written in accordance with community standards. If verbal orders are used, they are to be used infrequently. A physician verbal order shall only be accepted</p> | A 601 | | |

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| A 601 | <p>Continued From page 8</p> <p>by an RN or LPN employed by the facility and authorized to do so by facility policy and procedures and state law. All verbal orders shall be reduced to writing on the physicians' order sheet by a licensed facility nurse and shall be dated and signed by the nurse receiving the order. All orders, including verbal orders, shall be dated, timed, and authenticated promptly by the ordering practitioner, or another practitioner who is responsible for the care of the resident and authorized to write orders by facility policy. All verbal orders must be authenticated within such time period as provided by facility policy, but in no case shall exceed 30 days following entry of the order.</p> <p>This Rule is not met as evidenced by: Based on record review and interviews, the facility failed to follow a physician's order for resident care.</p> <p>Findings:</p> <p>Resident Identifier (RI)#8 was admitted to the facility on May 2, 2021, with diagnoses which included chronic kidney disease stage 3, Parkinson's disease, heart failure, atrial flutter, cardiomyopathy, hypertension and malignant neoplasm of the prostate. RI#8 was discharged from the facility to a skilled nursing facility on January 7, 2022, following a decline in RI#8's condition.</p> <p>Review of RI#8's facility record on February 8, 2022 revealed the following information. RI#8's Report of Physical Examination, dated April 27, 2021, contained a physician's order for a regular</p> | A 601 | | |

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| A 601 | <p>Continued From page 9</p> <p>diet, no added salt, with thickened liquids. A visit note, documented by the Certified Registered Nurse Practitioner and dated August 12, 2021, read "...Dysphagia - Intermittent issue that appears to have worsened to some degree, Will have ST (speech therapy) eval for this and cognitive-linguistic training...". The home health Speech Therapy Plan of Care for RI#8, dated August 17, 2021, contained a Treatment Diagnosis of "Dysphagia, oropharyngeal phase". There were no specific recommendations on the speech therapy evaluation for dietary modifications or thickened liquids. A Wellness and Health Assessment, documented by EI#3 and dated November 10, 2021, read "...Special Diet - Yes...Type of special diet: Nectar thickened liquids...". RI#8's Service Plan, Effective Date May 5, 2021 and documented by EI#3, read "...Special Diet: Resident will have a no added salt diet...". No additional documentation was found to indicate RI#8 received thickened liquids while residing at the facility.</p> <p>During interviews on the morning of February 8, 2022, both EI#2 and EI#3 stated they (EI#2 and EI#3) were not aware RI#8 ever received thickened liquids at the facility. EI#3 was unable to explain the statement documented by her (EI#3) that RI#8 was receiving nectar thickened liquids in November 2021. EI#3 reiterated she (EI#3) did not remember RI#8 receiving thickened liquids.</p> <p>A physician's order for RI#8 to receive thickened liquids was received by the facility prior to RI#8's admission to the facility. There was no verification RI#8 received thickened liquids at the facility. The physician's order for RI#8 to receive thickened liquids was not clarified or revised and was not followed by facility staff in providing RI#8's care.</p> | A 601 | | |

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| A 602 | <p>420-5-4-.06 (2) (a) (b) (c) Care of Residents.</p> <p>(2) Medical Examination Record.</p> <p>(a) Initial Physical Examination. Not more than 30 days prior to admission of any resident to an assisted living facility, the resident or prospective resident shall be examined by a physician. For purposes of the initial physical examination only, a currently licensed physician in good standing with the Medical Licensure Commission of any state may complete this physical assessment. The physician shall report his or her findings in writing to the facility. In addition to any information otherwise required by the facility's policies and procedures, and in addition to any other information the physician recommends or believes is pertinent, the initial physical examination record shall contain the following:</p> <ol style="list-style-type: none"> 1. All of the physician's diagnoses, and the resident's baseline weight and vital signs. 2. Medication presently prescribed (name, dosage, and strength of drug, frequency, and route of administration). 3. A statement by the physician that the resident is free of signs and symptoms of infectious skin lesions and diseases that are capable of transmission to other residents through normal resident to resident contact. 4. Documentation of evaluation for tuberculosis within the previous 12 months. <p>(b) Annual Physical Examination. In addition to the admission physical examination, each resident shall be examined annually by a</p> | A 602 | | |

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| A 602 | <p>Continued From page 11</p> <p>physician, and findings from the annual physical examination shall be documented with a copy placed in the resident's medical examination record. In addition to any other items specified in the facility's policies and procedures, and in addition to any information deemed necessary, pertinent, or recommended by the resident's attending physician, the annual physical examination shall contain the following:</p> <ol style="list-style-type: none"> 1. The resident's weight and vital signs. 2. Changes in diagnoses. 3. Changes in medications prescribed (name, dosage, and strength of drug, frequency, and route of administration). 4. Changes in treatment. <p>(c) Change of Condition Physician Examinations. Changes in the resident's condition that require a physician examination and result in a change in diagnoses, medications, or treatments shall be reported to the facility and documented in the resident's medical examination record. In addition to any other items specified in the facility's policies and procedures, and in addition to any information deemed necessary, pertinent, or recommended by the resident's treating physician, this physical examination shall contain a listing of the following:</p> <ol style="list-style-type: none"> 1. New diagnoses. 2. Changes in condition. 3. Changes in medications prescribed | A 602 | | |

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| A 602 | <p>Continued From page 12</p> <p>(name, dosage, and strength of drug, frequency, and route of administration).</p> <p>4. Changes in treatment.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interview, the residents' Initial Medical Examinations did not contain all the required information.</p> <p>Findings:</p> <p>RI#4</p> <p>RI#4 was admitted the facility on April 28, 2021. The New Admission Resident Physical Examination dated April 14, 2021, did not include a baseline weight.</p> <p>RI#5</p> <p>RI#5 was admitted on September 24, 2021, and the New Admission Resident Physical Examination was completed by the physician on September 20, 2021. The baseline vital signs, temperature, pulse, respirations, and blood pressure were not recorded.</p> <p>RI#7</p> <p>RI#7 was admitted to the facility June 1, 2021. The baseline vital signs, pulse, respirations, temperature, and blood pressure were not documented on the New Admission Resident Physical Examination dated May 30, 2021.</p> <p>RI#8</p> | A 602 | | |

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| A 602 | Continued From page 13 RI#8 was admitted to the facility on May 2, 2021 and discharged from the facility on January 7, 2022. Refer to deficiencies 601, 604, 611 and 617 for additional information on RI#8. A Report of Resident Physical Examination was documented for RI#8 on April 26, 2021. There was no documentation of evaluation for tuberculosis. Although there was a question on the form which read "Is the resident free of signs and symptoms of infectious skin lesions and disease that can be transmitted through resident-to-resident contact", the question was not answered yes or no by the physician. On February 9, 2022, the surveyor discussed the above deficiencies with EI#3, Registered Nurse (RN). EI#3 agreed the required information was not documented or available in the medical records. | A 602 | | |
| A 604 | 420-5-4-.06 (3) (a) (b) Care of Residents. (3) Health Supervision. (a) Initial Assessment. No more than 30 days prior to admission, the facility shall assess prospective residents for facility eligibility. This assessment shall document identified care needs and serve as a baseline for future assessments. (b) Monthly Assessments. The facility shall assess each resident monthly and more often when necessary to identify changes in resident's status. In addition to other items that may be required by the facility's own policies and procedures, the monthly assessment shall: 1. Assess the resident's ability to safely | A 604 | | |

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| A 604 | <p>Continued From page 14</p> <p>self-manage medications or safely self-administer medications with assistance.</p> <p>2. Accurately weigh and record the weight of each resident. A significant weight loss is defined as a five percent or greater weight loss in a period of one month or less, or a seven and a half or greater weight loss in a period of three months or less, or a ten percent or greater weight loss in a period of 6 months or less. Any weight loss shall be considered to be an unplanned weight loss unless the affected resident has been placed on a restricted calorie diet specifically for the purpose of reducing the resident's weight, and such diet has been approved by the resident's attending physician.</p> <p>3. Document identified changes in resident status.</p> <p>4. Assess the appropriateness of each resident's plan of care. Any decline in resident status requires immediate implementation and documentation of interventions or reassessment of existing interventions.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to complete monthly assessments for all residents, assess the resident's ability to safely self administer medications with assistance, weigh and record the weight of each resident monthly.</p> <p>Findings:</p> | A 604 | | |

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| A 604 | <p>Continued From page 15</p> <p>RI#1</p> <p>RI#1 had been a resident at the facility since April 6 , 2021. RI#1 had a significant medical history of anemia, diabetes mellitus, hypertension, and A fibrillation. The record for RI#1 did not contain a monthly assessment for June 2021 or August 2021.</p> <p>RI#4</p> <p>RI#4 was admitted to the facility on April 28, 2021, and had the following diagnoses, hypertension, coronary artery disease, spinal stenosis, and glaucoma. The record for RI#4 did not contain a monthly assessment for May 2021, June 2021 or August 2021.</p> <p>RI#8</p> <p>RI#8 resided at the facility from May 2, 2021 until January 7, 2022. Refer to deficiencies 601, 602, 611 and 617 for additional information on RI#8. No monthly assessments and weights were documented for RI#8 in June 2021, August 2021 and October 2021. In addition, RI#8's ability to recognize his/her medications was not documented for June 2021, August 2021 and October 2021.</p> <p>On February 9, 2022, the surveyor reviewed a sample of records for completion of monthly assessments on residents. However, not all residents had documentation on file they had been assessed every month for changes in their health status, their ability to recognize their medications, or they had been weighed. EI#3, RN, explained to the surveyor the monthly assessments are completed in an electronic system (YARDI) and the last three (3) months are</p> | A 604 | | |

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| A 604 | Continued From page 16 printed and filed in the resident's records. EI#3 was unsure why some of the assessments were not available in the electronic system. EI#3 thought it was possible the electronic system (YARDI) was down and the assessments had been completed on a hard copy of the Wellness and Service Monthly Health Update. However, the hard copies of the monthly assessments were not provided during the survey. | A 604 | | |
| A 611 | 420-5-4-.06 (4) (a) (b) Care of Residents. (4) Personal Care and Services. The facility shall provide care and services consistent with community standards. (a) Portions of residents' records necessary for staff to provide care, including the plans of care and relevant portions of the medical examination records and admission records, shall be accessible to the direct care staff at all times. (b) Plan of Care. There shall be a written plan of care developed for each resident prior to or at the time of admission. The plan of care shall be based on the initial medical examination, diagnoses, and recommendations of the resident's treating physician. The plan of care shall be reviewed and updated based on the annual examination, and all other physician examinations, diagnoses, and recommendations of the resident's treating physician, and the resident's monthly assessments. The plan of care shall be developed and updated in cooperation with the resident and, if appropriate, the sponsor. All entries on the plan of care shall be accurately dated. 1. The plan shall at all times reflect the | A 611 | | |

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| A 611 | <p>Continued From page 17</p> <p>current condition of the resident and document the personal care and services required from the facility by the resident. In addition to other items that may be required by the facility's own policies and procedures, the plan of care shall contain the following:</p> <p>2. A listing of the resident's individual needs or problems that require intervention by the facility.</p> <p>3. A listing of interventions provided by the facility to address the resident's identified needs or problems.</p> <p>4. A copy of any outside provider's certification and plan of care, such as the current Home Health Certification and Plan of Care for each resident receiving care from an outside provider.</p> <p>5. Activities of Daily Living. Residents of assisted living facilities shall be assisted and encouraged to maintain a clean, well-kept personal appearance. Each facility shall provide all needed assistance with activities of daily living to each resident.</p> <p>(i) Bathing. Residents shall be offered a bath or partial bath or shall be assisted with a bath or partial bath daily, and more often when necessary or requested.</p> <p>(ii) Oral Hygiene. Residents shall be assisted with oral hygiene to keep mouth, teeth, or dentures clean. Measures shall be used to prevent dry, cracked lips.</p> <p>(iii) Hair. Resident's hair shall be kept</p> | A 611 | | |

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| A 611 | <p>Continued From page 18</p> <p>clean, neat, and well groomed.</p> <p>(iv) Manicure. Fingernails and toenails shall be kept clean and trimmed.</p> <p>(v) Shaving. Men shall be assisted with shaving or shaved as necessary to keep them clean and well groomed.</p> <p>(vi) Personal Safety. Residents shall be provided assistance with personal safety.</p> <p>6. As changes in medication and personal services become necessary, the plan of care shall be promptly updated and all changes shall be documented.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to maintain resident care plans (RCP) which were current and contained appropriate interventions to meet the care needs of the residents.</p> <p>Findings:</p> <p>RI#2</p> <p>RI#2 was admitted to the facility on December 29, 2021. Prior to admission, RI#2 had a closed reduction with percutaneous pinning of distal and ulna fracture on December 14, 2021. According to an orthopaedic's report dated January 6, 2022, RI#2 was fitted for a rigid volar removable splint. On February 8, 2022, the surveyor observed RI#2 wearing a brace on her/his left forearm, however,</p> | A 611 | | |

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| A 611 | <p>Continued From page 19</p> <p>the brace was not mentioned on the RCP. On February 2, 2022, EI#13, Licensed Practical Nurse (LPN), notified the physician RI#2 was found on the floor by staff and had no injuries. The RCP was not updated to include this fall with a specific intervention to address it.</p> <p>RI#4</p> <p>RI#4 had been a resident at the facility since April 28, 2021. On November 16, 2021, RI#4 was admitted for a urinary tract infection (UTI) with encephalopathy. After return to the facility on December 2, 2021, RI#4 was found to have a significant weight loss of 8.3%, however, this was not addressed on the RCP. EI#3 told the surveyor she (EI#3) believed the weight (164.8 pounds) documented on December 20, 2021, was inaccurate, but did not re-weigh at that time to confirm. RI#4 was not weighed again until January 2022.</p> <p>RI#6</p> <p>RI#6 was admitted to the facility on December 13, 2021. On February 3, 2022, an incident was reported to the department's online tracking system that RI#6 fell out of bed and was sent to the emergency department (ED) for evaluation. Based on the ED report RI#6 was diagnosed with multiple contusions and returned to the facility with instructions to follow-up with the primary care provider (PCP) in 3-5 days. The RCP presented to the surveyor was dated December 13, 2021. This incident was not reflected on the RCP.</p> <p>RI#8</p> <p>RI#8 resided at the facility from May 2, 2021 until January 7, 2022. Refer to deficiencies 601, 602,</p> | A 611 | | |

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| A 611 | <p>Continued From page 20</p> <p>604 and 617 for additional information on RI#8. Review of RI#8's facility record on the morning of February 9, 2022 revealed the following information.</p> <p>RI#8 sustained falls at the facility on the following dates: September 6, 2021; October 29, 2021; November 29, 2021; January 4, 2022. RI#8's initial Medical Exam contained a physician's order for thickened liquids. RI#8 had diagnoses which included Parkinson's disease, heart failure, atrial flutter, hypertension and dysphagia. These specific care needs were not addressed on RI#8's facility care plan with interventions for staff to follow in monitoring and providing care to RI#8.</p> <p>On February 9, 2022, the surveyors reviewed the care plan deficiencies with EI#3. EI#3 verbalized understanding and agreed to update the care plans with appropriate interventions.</p> | A 611 | | |
| A 617 | <p>420-5-4-.06 (8) Care of Residents.</p> <p>(8) Disposal of Medications.</p> <p>1. Controlled substances and legend drugs dispensed to residents, that are expired or unused because the medication is discontinued or because the resident dies, shall be destroyed within 30 days. Unused legend drugs that are not expired may be donated to a charitable clinic pursuant to Alabama Administrative Code, Chapter 420-11-11. Under no circumstances should expired, discontinued, or unused medications be stored or housed in the facility beyond 30 days.</p> <p>2. Medications of residents who are discharged or transferred to another facility shall</p> | A 617 | | |

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| A 617 | <p>Continued From page 21</p> <p>be returned to the residents. The responsible party will sign a statement that these medications have been received. The statement shall list the pharmacy, prescription number, date, resident's name and strength of the medication, and the amount. This statement shall be maintained in a file for at least three years.</p> <p>3. When medications are destroyed on the premises of the assisted living facility, a record shall be made and retained for at least 3 years. This record shall include: the name of the assisted living facility, the method of disposal, the pharmacy, the prescription number, the name of the resident, the name, strength, and dosage of the medication, and the amount and the reason for the disposal. This record shall be signed and dated by the individual performing the destruction and by at least one witness.</p> <p>This Rule is not met as evidenced by: Based on record review and interview, the facility failed to properly document disposition of a resident's medications upon discharge.</p> <p>Findings:</p> <p>RI#8 was admitted to the facility on May 2, 2021 and discharged from the facility, to a skilled nursing facility, on January 7, 2022. Refer to deficiencies 601, 602, 604 and 611 for additional information on RI#8.</p> <p>Review of RI#8's facility record on February 9, 2022 revealed a Medication Release Form was completed on January 7, 2022 when RI#8's medications were released to RI#8 upon</p> | A 617 | | |

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| A 617 | Continued From page 22 discharge. The form did not include the prescription number and the strength of each medication. During interviews on the afternoon of February 9, 2022, both EI#2 and EI#4 agreed the required information was missing. EI#4 stated a new form had been provided to staff which included this information but the newer form had not been used. | A 617 | | |
| A 703 | 420-5-4-.07 (3) Food Service. (3) Dietary Service. (a) Number of Meals. No fewer than three meals shall be provided each 24 hours. Food service shall be provided in a resident's room during temporary illness if necessary. The diet shall be well-balanced, palatable, properly prepared, and sufficient in quantity and quality to meet the nutritional needs of the residents in accordance with Dietary Reference Intakes of the Food and Nutrition Board of the National Research Council, National Academy of Sciences. The food must be adapted in type and preparation to the habits, preferences, and physical abilities of the residents. (b) Timing of Meals. A time schedule for serving meals to residents and personnel shall be established. Meals shall be served approximately five hours apart with no more than 14 hours between the evening meal and breakfast. The time schedule of meals shall be posted with the menu. The facility shall make evening snacks available after service of the evening meal. The facility shall provide fluids throughout the day and shall make between-meal nourishment (snacks) available. | A 703 | | |

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| A 703 | <p>Continued From page 23</p> <p>(c) Menu. The menu shall be planned and written at least 1 week in advance. The current week's menu shall be posted in the food service area and shall be kept on file for the following 2 weeks. For any resident with a physician's order for a therapeutic diet, the facility shall have a copy of the diet and the facility shall document the adjustment of its menu to accommodate the resident's needs.</p> <p>(d) Alternate food selections or substitutes shall be made available to all residents.</p> <p>(e) A facility shall not obtain food from charitable organizations. A facility shall not avoid serving a meal by sending or transporting residents to missions, soup kitchens, or other charitable facilities for meals.</p> <p>(f) The amount of food on hand shall be sufficient to serve three meals per day to all residents for 3 days. Non-perishable food and potable water shall be maintained in the facility in sufficient quantity to serve three meals per day to all residents for 3 days.</p> <p>This Rule is not met as evidenced by: Based on observations and interview the facility failed to ensure a sufficient quantity of non-perishable food and potable water was maintained for all the residents for three (3) days.</p> <p>Findings: On February 8, 2022, at 2:25 PM, the surveyor toured the kitchen with EI#7, Food and Beverage</p> | A 703 | | |

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| A 703 | Continued From page 24 Director. The surveyor inspected the dry pantry where the emergency food and water was stored for the ALF and SCALF residents. The facility did not enough food set aside and was short 81 gallons of water. There was not enough food or water to meet the needs of the ALF and SCALF residents for three (3) days. EI#7 acknowledged this was an inadequate supply and would immediately restock a sufficient amount of food and water for the number of residents in the ALF and SCALF. | A 703 | | |
| A1203 | 420-5-4-.12 (5) Physical Environment. (5) General Building Requirements - Family, Group, and Congregate. (a) Structural Soundness and Repair. The building shall be structurally sound, free from leaks and excessive moisture, in good repair, and painted with sufficient frequency to be reasonably attractive inside and out. The interior and exterior of the building shall be kept clean and orderly. (b) Temperature to be Maintained. The facility shall maintain a comfortable temperature. A comfortable range is between 71-81 degrees Fahrenheit. (c) Lighting. Each resident's room shall have artificial light adequate for reading and other uses as needed. All entrances, hallways, stairways, inclines, ramps, cellars, attics, storerooms, kitchens, laundries, and service units shall have sufficient artificial lighting to prevent accidents and promote efficiency of service. Night lights shall be provided in all hallways, stairways, and bathrooms. | A1203 | | |

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| NAME OF PROVIDER OR SUPPLIER BLUFFS AT GREYSTONE I, THE | STREET ADDRESS, CITY, STATE, ZIP CODE 6328 FARLEY LANE BIRMINGHAM, AL 35242 |
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| A1203 | <p>Continued From page 25</p> <p>(d) Screens. All screen doors and operable windows shall be equipped with tight-fitting, full-length insect screens. Screen doors shall be equipped with self-closing devices.</p> <p>(e) Emergency Lighting.</p> <p>1. All assisted living facilities shall provide emergency artificial lighting to adequately illuminate halls, corridors, kitchens, dining areas, and stairwells in case of electrical power failure. As a minimum, dry cell battery-operated lighting shall be provided to light such spaces.</p> <p>2. Emergency lighting must provide illumination in accordance with the currently adopted Life Safety Code for at least 90 minutes.</p> <p>(f) Floors.</p> <p>1. All floors shall be level, smooth and free of cracks, and finished so as to be easily kept clean. The basic requirement for floor finishes shall be wall-to-wall with such finishes as paint, stain, sealer, carpet, sheet vinyl, vinyl tile, hard tile, or other appropriate floor finish.</p> <p>2. Any differences in floor levels shall not prevent a resident from navigating safely throughout the facility.</p> <p>(g) Walls and Ceilings. All walls and ceilings shall be of sound construction with an acceptable surface and shall be kept clean and in good repair.</p> <p>(h) Windows. Operable windows shall be so constructed and maintained so that they fit</p> | A1203 | | |

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| A1203 | <p>Continued From page 26</p> <p>snugly, and are capable of being opened and closed easily.</p> <p>(i) Ceiling Height. Each room occupied by residents shall have a ceiling height of eight feet or more. Existing facilities with ceiling heights less than eight feet shall be acceptable when the height complies with the codes.</p> <p>(j) Handrails. If handrails are installed in halls or corridors, the handrails shall be mounted at 30-36 inches above the floor and returned to the wall at each end.</p> <p>(k) Stairways. Stairways shall be well lighted, kept in good repair, and have handrails. Open space under stairs shall not be used for storage purpose. All walls and doors under stairs shall meet the same fire rating as the stairwell.</p> <p>(l) Doors.</p> <p>1. In each new assisted living facility, doors of resident bathrooms connected to resident bedrooms shall swing into the bedroom.</p> <p>2. Bedroom and bathroom doors may be equipped with hardware that will permit a resident to lock himself within the room, provided a master key is readily accessible for the staff at a central location.</p> <p>3. Resident bedroom and other exit access doors in each assisted living facility shall be at least three feet wide. Bedroom doors in Family assisted living facilities shall not be less than 32 inches wide.</p> <p>4. Exterior egress doors except the</p> | A1203 | | |

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| A1203 | <p>Continued From page 27</p> <p>main entry/exit door, may be equipped with a delayed egress locking system installed in accordance with NFPA 101. Other special locking arrangements are permitted only in specialty care assisted living facilities.</p> <p>5. Exit doors swinging outward shall swing out over a landing having a minimum length and width equal to the door's width at the same level as the floor level, except existing doors shall not have more than a four inch step down. Exit doors of Family facilities may swing inward.</p> <p>(m) Ventilation. The building shall be well-ventilated at all times to prevent accumulation of objectionable odors. Kitchens, laundries, service rooms, toilets, and bathrooms shall be ventilated by windows, gravity vents, or mechanical means as necessary to prevent offensive odors from entering other parts of the facility.</p> <p>(n) Fire Extinguishers. Fire extinguishers shall be provided for each hall, kitchen, and laundry, of type and capacity appropriate to the need.</p> <p>1. Each fire extinguisher shall receive an annual inspection with maintenance, and recharging when necessary, by a fire equipment servicing representative. An annual servicing tag shall be attached to the extinguisher reflecting the name of the servicing company, representative, day, month, and year of maintenance.</p> <p>2. A visual inspection of each fire extinguisher shall be conducted monthly by designated staff of the facility and documented on</p> | A1203 | | |

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| A1203 | <p>Continued From page 28</p> <p>the attached extinguisher tag by the designated staff person.</p> <p>(o) Call System. Except in Family facilities, a central electric or electronic call system shall be conveniently provided for each resident, usable in bedrooms and bathrooms. The call system shall be certified to meet the applicable Underwriters Laboratories standard.</p> <p>(p) Manufactured homes/mobile homes are not permitted.</p> <p>(q) Fireplaces and inserts, shall be inspected and cleaned annually, and shall comply with the currently adopted building code. Openings shall be protected with screens, or doors.</p> <p>(r) Exit marking. In Group and Congregate facilities, a sign bearing the word "EXIT" in plain legible block letters shall be placed at each exit. Additional signs shall be placed in corridors and passageways wherever necessary to indicate the direction of exit. Letters of signs shall be at least four inches high. All exit and directional signs shall be kept clearly legible by continuous internal electric illumination and have battery back-up or emergency power.</p> <p>(s) Heating, Lighting, and other Service Equipment.</p> <p>1. Central or individual room gas heating systems shall be of the enclosed flame type equipped with automatic flame shut-off control and shall be vented directly to the outside. Heating units of any type shall be located to avoid direct contact with any combustible material and</p> | A1203 | | |

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| A1203 | <p>Continued From page 29</p> <p>shall be maintained in accordance with manufacturer's recommendation.</p> <p>2. Open flame and portable heaters are prohibited in assisted living facilities. This does not apply to a fire place with gas logs protected as noted elsewhere in these rules.</p> <p>3. Lighting shall be restricted to electricity. Electric wiring, motors, and other electrical equipment in all assisted living facilities shall be in accordance with local electrical codes and the NFPA National Electrical Code.</p> <p>This Rule is not met as evidenced by: Based on observations, record reviews, and interviews, the facility failed to document the visual inspection of each fire extinguisher on the attached extinguisher tag monthly.</p> <p>Findings:</p> <p>During the initial tour of the facility the morning of February 8, 2022, the surveyors noted the fire extinguishers had an annual inspection done on December 8, 2021, according to the attached "Fire Insurance Inspection" tag. However, the fire extinguishers had not been visually inspected for the month of January 2022. The monthly "Periodic Inspection" tag was blank. The surveyor discussed this with EI#1, Executive Director. EI#1 acknowledged the visual inspection had not been documented for January 2022. EI#1 told the surveyor EI#6, Director of Plant Operations, was responsible for this task.</p> <p>CONNIE CHERRY, REGISTERED NURSE DEBRA FREEMAN, REGISTERED NURSE</p> | A1203 | | |

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