

Cynthia H. Ganger

Alabama Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: P5504	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 02/16/2023
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NAME OF PROVIDER OR SUPPLIER SERENITY SOUTH TROY SENIOR LIVING III	STREET ADDRESS, CITY, STATE, ZIP CODE 610 BOTTS AVENUE TROY, AL 36081
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A 000	<p>Initial Comments</p> <p>On February 16, 2023, an unannounced licensure survey was conducted for this 16 bed Specialty Care Assisted Living Facility (SCALF) with a census of 12.</p> <p>There was one complaint investigated during this survey. LC#20200429001 was investigated and no deficiencies cited as a result of the complaint investigation.</p> <p>Deficiencies were cited during this survey for failure to operate in accordance with the Rules of the Alabama State Board of Health (SBOH), Alabama Department of Public Health (ADPH), Chapter 420-5-20, Alabama Administrative Code, Specialty Care Assisted Living Facilities. The deficient practices resulted in the potential for harm to all residents and require a plan of correction.</p>	A 000		
A 302	<p>420-5-20-.03 (e) Administration.</p> <p>(e) Policies. The governing authority shall be responsible for establishing and implementing written policies for the management and operation of the facility and shall be responsible for development of, and adherence to, procedures implementing those policies. The policies and procedures shall be made available to residents, any guardians, next of kin, sponsoring agency(ies), or representative payee(s). All residents shall be informed of new policies or changes in existing policies that may have bearing on the resident. All residents shall be provided a copy of such policies at least 30 days prior to the policies taking effect. Policies shall cover the following:</p> <p>(i) Facility responsibility to protect all</p>	A 302		

Health Care Facilities
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE TITLE (X6) DATE

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A 302	<p>Continued From page 1</p> <p>residents from abuse, neglect, and exploitation.</p> <p>(ii) How allegations of abuse, neglect, and exploitation will be handled by the facility.</p> <p>(iii) Resident confidentiality.</p> <p>(iv) Admission and continued stay criteria.</p> <p>(v) Discharge criteria and notification procedures for residents and sponsors.</p> <p>(vi) Facility responsibility when a resident's personal belongings are lost.</p> <p>(vii) What services the facility is capable and not capable of providing.</p> <p>(viii) Medication management.</p> <p>(ix) Infection control.</p> <p>(x) Meal service, timing, menus and food preparation, storage, and handling.</p> <p>(xi) Fire safety and emergency plan, fire drills, fire alarm system, sprinkler and fire extinguisher checks, and disaster preparedness.</p> <p>(xii) Staffing and conduct of staff while on duty.</p> <p>(xiii) Oxygen administration and storage if used in the facility.</p> <p>(xiv) Dietary Policies. The dietitian, with the approval of the administrator, shall develop written policies and procedures for the</p>	A 302		

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A 302	<p>Continued From page 2</p> <p>guidance of all personnel handling food as outlined by the most current Food and Drug Administration Food Code published by the U.S. Department of Health and Human Services. The facility shall develop and implement dietary policies and procedures to meet the needs of the residents in the facility. In addition to other matters deemed necessary by the facility, dietary policies shall address:</p> <p>(I) Sanitation of dishes, utensils, and service equipment, and sanitary food preparation and handling.</p> <p>(II) The attire and cleanliness of staff members who prepare, handle, or serve food.</p> <p>(III) A schedule of meals, which shall include between-meal nourishment or snacks, and fluids.</p> <p>(IV) Food substitutions or alternatives.</p> <p>(V) Method to ensure an adequate dietary plan is implemented for any resident with a therapeutic diet or special dietary needs.</p> <p>(VI) Procedure to be followed if a resident is nutritionally compromised or is not eating adequate quantities of food.</p> <p>(VII) Provision of necessary services to any resident requiring adaptive devices to eat.</p> <p>(VIII) Procedure for the handling of potentially hazardous foods such as meat, milk, ice, and eggs.</p> <p>(IX) Storage of food.</p>	A 302		

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A 302	<p>Continued From page 3</p> <p>(X) Procedure for food service in the event of a disaster. Disaster menus shall be developed. The policy shall address how food will be obtained and maintained at safe temperatures if electricity is not available.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the governing authority failed to ensure facility policies were available to residents, sponsors and facility staff.</p> <p>Findings:</p> <p>On the morning of February 15, 2023, the surveyor requested facility policies from Employee Identifier (EI)#1 and EI#2. EI#1 and EI#2 informed the surveyor they were not aware of any facility policies that were accessible to staff at the facility. EI#1 contacted EI#8, President and Chief Clinical Officer of the facility's management company, and was informed the policies were available on the intranet. EI#1 was unable to access the policies via the intranet. During a telephone conversation on the morning of February 15, 2023, EI#8 informed the surveyor that EI#1 was unable to access the policies because EI#1 was newly hired. EI#1 informed the surveyor later that same day that she (EI#1) had obtained access to the facility's policies via the intranet.</p>	A 302		
A 406	<p>420-5-20-.04 (9) Personnel.</p> <p>(9) Training.</p>	A 406		

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A 406	<p>Continued From page 4</p> <p>(a) All staff who have contact with residents, including the administrator, shall have initial training prior to resident contact and refresher training annually and as necessary. An RN shall identify staff training needs and shall provide or arrange for needed training. In addition to any information otherwise required by the facility's policies and procedures, the facility shall ensure that, prior to resident contact, all staff members receive training on the subject matter listed below:</p> <ol style="list-style-type: none"> 1. State law and rules on specialty care assisted living facilities. 2. Facility policies and procedures. 3. Resident rights. 4. Current certification from the American Heart Association or the American Red Cross in cardiopulmonary resuscitation (CPR) within 90 days of hire. 5. Identifying and reporting abuse, neglect, and exploitation. 6. Basic first aid. 7. Advance directives. 8. Protecting resident confidentiality. 9. Resident fire and environmental safety. <p>(b) Prior to providing any resident care, all staff shall complete The Dementia Education</p>	A 406		

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A 406	<p>Continued From page 5</p> <p>and Training Act (DETA) Care Series Training developed by the Alabama Department of Mental Health or equivalent training approved by the State Health Officer. All licensed staff shall complete DETA Brain Series Training, The Pharmacological Management of Dementia, and the Dementia Assessment Series provided by the DETA Program or equivalent training approved by the State Health Officer prior to resident contact. Documentation of all staff training to include attendance records and any required post-test or evaluations shall be maintained.</p> <p>(c) All staff who have resident contact shall be able to demonstrate diversional methods and redirection. All staff shall be able to demonstrate an understanding of the implications of caring for residents with agnosia, amnesia, aphasia, and apraxia. All staff shall be able to demonstrate an understanding of the facility's fire and evacuation plan and all other policies regarding safety, including policies for preventing elopements, responding to elopements, and fall prevention.</p> <p>(d) Cardiopulmonary Resuscitation. A specialty care assisted living facility shall be staffed at all times by at least one individual who has a current certification from the American Heart Association or the American Red Cross in CPR. All employees of a specialty care assisted living facility who have contact with residents must be certified in CPR from the American Heart Association or the American Red Cross. New employees must obtain certification in CPR within 90 days of hire. A specialty care assisted living facility equipped with an automated external defibrillator (AED) shall be staffed at all times by at least one individual who has a current</p>	A 406		

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A 406	<p>Continued From page 6</p> <p>certification from the American Heart Association or the American Red Cross in AED utilization. Substitute training approved by the Department for use by emergency medical services personnel (EMSP) may be utilized in lieu of those courses or certifications offered by the American Heart Association or the American Red Cross in CPR or AED utilization.</p> <p>(e) If the facility admits or retains residents with special needs such as diabetes, hospice, or oxygen therapy, the facility shall provide staff with the appropriate training.</p> <p>(f) Continuing Education. All staff must receive annual continuing education sufficient to remain knowledgeable of the training specified above.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to provide documentation of staff training when requested.</p> <p>Findings:</p> <p>On the afternoon of February 14, 2023, employee files for EI#1, EI#2, EI#3, EI#4, EI#5 and EI#6 were provided to the surveyor by EI#1 for review. Review of the current employee schedule revealed all six employees were scheduled to work at the facility during the month of February 2023. The following required initial training was not documented for EI#1, EI#2, EI#3, EI#5 and EI#6 in the employee's file: State law and rules on specialty care assisted living facilities; Resident rights; Basic first aid; Advance</p>	A 406		

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A 406	<p>Continued From page 7</p> <p>directives; Safety and nutritional needs of the elderly; Protecting resident confidentiality. In addition, EI#1, EI#3, EI#5 and EI#6 did not have documentation of training in resident fire and environmental safety. Also, EI#1, EI#2, EI#3, EI#5 and EI#6 did not have documentation of special needs training in diabetes mellitus. Current residents of the facility had a diagnosis of diabetes mellitus. EI#1 did not have documentation of training in the Deta Care Series and EI#3 did not have documentation of training in the Deta Brain/Deta Care Series. EI#2, Licensed Practical Nurse (LPN) and EI#3, Registered Nurse (RN), did not have documentation of training on the Pharmacological Management of Dementia and the Dementia Assessment Series.</p> <p>In addition, the employee file for EI#10 was reviewed on February 14, 2023. EI#10 was a former caregiver at the facility. EI#10's employment was terminated on February 6, 2023 following a facility investigation of alleged abuse of a resident which was substantiated. No documentation of training in identifying and reporting abuse, neglect and exploitation was found in EI#10's employee file. EI#1 was unable to provide documentation of all required training for these employees.</p>	A 406		
A 613	<p>420-5-20-.06 (5) (a) (b) (c) (d) (e) Care of Residents.</p> <p>(5) Medications.</p> <p>(a) Medications, as defined in these rules, shall be prescribed specifically for the resident by an individual currently licensed to prescribe medications in Alabama. A currently</p>	A 613		

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A 613	<p>Continued From page 8</p> <p>licensed physician in good standing with the Medical Licensure Commission of any state may prescribe medications to a resident of an assisted living facility only during the initial physical examination.</p> <p>(b) A physician order is required for a resident to manage and have custody of his or her own medications.</p> <p>(c) A resident may have custody of and manage over the counter topical medications with the written approval of a physician. A physician order is not required for over the counter topical medications that are self-administered by residents and approved by the physician for resident possession.</p> <p>(d) Medication administration, as defined in these rules, shall be conducted only by a physician or an RN or LPN. An RN or LPN shall administer medications to residents in the specialty care assisted living facility only in accordance with physician orders and the Nurse Practice Act.</p> <p>(e) A current copy of A Short Practical Guide for Psychotropic Medications in Dementia Patients or the equivalent shall be in each specialty care assisted living facility as a reference guide.</p> <p>This Rule is not met as evidenced by: Based on observations and interviews, the facility failed to maintain a required reference guide for employees.</p>	A 613		

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A 613	Continued From page 9 Findings: On February 14, 2023, the surveyor requested the facility's copy of A Short Practical Guide for Psychotropic Medications in Dementia Patients (or equivalent) from EI#1 and EI#2. Both EI#1 and EI#2 stated they did not believe a copy of the required reference guide was available at the facility.	A 613		
A 615	420-5-20-.06 (5) (h) Care of Residents. (5) Medications. (h) All medications administered to residents in a specialty care assisted living facility, shall be contemporaneously recorded on a standard medication administration record. "Contemporaneously recorded" means recorded at the same time or immediately after medications are administered. The medication administration record shall include at least the following: 1. The name of the resident to whom the medication was administered. 2. The name of the medication administered. 3. The dosage of the medication administered. 4. The method of administration. 5. The site of injection or application, if the medication was injected or applied.	A 615		

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A 615	<p>Continued From page 10</p> <p>6. The date and time of the medication administration or assisted.</p> <p>7. Any adverse reaction to the medication.</p> <p>8. The printed name, initials, and written signature of the individual administering the medication or assisting the resident with self-administration of the medication.</p> <p>This Rule is not met as evidenced by: Based on observation, interview and record review, facility nurses did not document the application site of a medication.</p> <p>Findings:</p> <p>Resident Identifier (RI)#2 was admitted to the facility on April 1, 2021 and had diagnoses which included dementia, hypertension, hypothyroidism, hyperlipidemia and vitamin D deficiency. RI#2 had a physician's order for Exelon patch 7.5 milligrams to be applied topically daily.</p> <p>On the morning of February 14, 2023, the surveyor observed EI#2, LPN, apply an Exelon patch to RI#2's left upper back after removing the previously applied patch from RI#2's right upper back. Following application of the patch, EI#2 documented in RI#2's Medication Administration Record (MAR) that the patch had been administered. However, the location where the patch was applied was not documented. EI#2 acknowledged that the site of application had not been documented for RI#2's Exelon patch. Review of RI#2's MAR also revealed that the site</p>	A 615		

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A 615	Continued From page 11 of the Exelon patch applications had not been documented.	A 615		
A 702	420-5-20-.07 (2) Food Service. (2) Food Handling Procedures. (a) Dish and Utensils Washing, Disinfection, and Storage. 1. Wash water shall be changed with sufficient frequency to avoid gross contamination, and final rinse water shall be kept clean and clear. 2. Hand washed repeated service and multi-service utensils and dishes, after washing and rinsing, shall be sanitized by either of the following methods: (i) Utensils and dishes shall be completely immersed for a period of not less than 30 seconds in water that is at least 171 degrees Fahrenheit (pouring scalding water over utensils and dishes does not meet this requirement); or (ii) A cold water sanitizer: A sanitizing solution shall be used in accordance with the manufacturers' instructions. Utensils and dishes shall be completely immersed for a period of not less than 10 seconds in a clean solution containing not less than 50 ppm, and not more than 200 ppm, of available chlorine bleach or its equivalent or 30 seconds 12.5 ppm of iodine or the amount of time specified by the manufacturer in a 200 ppm quaternary ammonium solution. Water temperature must be at least 75 degrees Fahrenheit. Water temperatures and chemical concentrations shall be monitored and	A 702		

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A 702	<p>Continued From page 12</p> <p>documented prior to dishwashing. A record of each test shall be maintained for at least three months.</p> <p>3. Dishes and utensils shall be allowed to air dry.</p> <p>4. After washing, rinsing, sanitizing, and air-drying, all repeated use service ware (utensils and dishes) shall be stored in a clean, dry place that is protected from pests, dust, splash, and other contaminants. Utensils shall be handled in such a way as to prevent contamination from hands and clothing.</p> <p>5. The results from the use of dishwashing machines shall be equivalent to those obtained from the method outlined above, as documented in material provided from the manufacturer and kept on file at the facility.</p> <p>(b) Ice. Crushed or chipped ice shall be protected from splash, drip, and hand contamination during storage and service. The ice scoop shall be stored in a holder inside the ice bin in a manner to prevent ice from coming into contact with the handle, or it may be stored in an airtight container outside the ice bin.</p> <p>(c) Protection of Food from Contamination.</p> <p>1. Food and food ingredients shall be stored, handled, and served so as to be protected from pests, dust, rodents, droplet infection, unsanitary handling, overhead leakage, sewage backflow, and any other contamination. Sugar, syrup, and condiment receptacles shall be provided with lids and shall be kept covered when</p>	A 702		

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A 702	<p>Continued From page 13</p> <p>not in use.</p> <p>2. Medications, biologicals, poisons, detergents, and cleaning supplies shall not be kept in the refrigerator nor in other areas used for storage of food.</p> <p>3. Food shall not be stored on the floor. All food and food ingredients stored on shelving must be placed on shelving that is at least six inches above the floor.</p> <p>4. Refrigerators shall maintain a maximum temperature of 41 degrees Fahrenheit. Freezers shall maintain at a maximum temperature of 0 degrees Fahrenheit. Thermometers shall remain in refrigerators and freezers at all times.</p> <p>5. All leftover foods shall be labeled and dated with a "use by date," so that it may be consumed or discarded by that date, which is no more than three days from the date is was prepared.</p> <p>6. All food products shall be used by the manufacturer's indicated date or discarded.</p> <p>7. Food shall be prepared either in the licensed facility or another location even when that location is not part of the licensed facility. All food preparation areas used by the facility shall be subject to the same inspections as though part of the licensed facility. The licensed facility is responsible to ensure adequate equipment and measures are used so that food is not contaminated in transport and foods that are transported are held and served at the appropriate temperature at all times.</p>	A 702		

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A 702	<p>Continued From page 14</p> <p>8. Hot food shall be maintained at a minimum temperature of 135 degrees Fahrenheit and cold foods at a maximum temperature of 41 degrees Fahrenheit.</p> <p>9. Frozen food items (raw and cooked) shall be thawed under refrigeration or under running water prior to preparation. Frozen food may also be thawed as part of the cooking process when indicated by package directions. Raw meats shall be stored below and away from vegetables, fruits, and other foods to prevent contamination (meat juices dripping on other foods).</p> <p>10. Laundry shall not be brought through the food preparation or service area.</p> <p>(d) Storage and Service of Milk and Ice Cream.</p> <p>1. Milk and fluid milk products shall be served only from the original containers in which they were received from the distributor. This shall not apply to cream for coffee, cereals, and milk for milk drinks which may be dispensed from a readily cleanable container approved for such use.</p> <p>2. Milk and fluid milk products shall be stored in such a manner that bottles or containers from which the milk or milk product is to be poured or drunk will not become contaminated from drip or contact with foods. Milk shall be maintained and stored at a maximum temperature of 41 degrees Fahrenheit and shall not be served at a temperature warmer than 45 degrees Fahrenheit unless specifically requested</p>	A 702		

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A 702	<p>Continued From page 15</p> <p>to be served at a warmer temperature by a resident.</p> <p>3. Contaminating substances shall not be stored with or over open containers of ice cream. Ice cream dippers, spatulas, and other serving utensils shall be cleaned between uses.</p> <p>(e) Kitchen Garbage and Trash Handling.</p> <p>1. Kitchen garbage and trash shall be placed in suitable containers with tight-fitting lids and properly stored pending removal. Kitchen garbage and trash shall not be allowed to accumulate in the kitchen and shall be removed from the premises at frequent intervals.</p> <p>2. After being emptied, all garbage cans and trash cans shall be washed and dried before reuse.</p> <p>(f) Employees' Cleanliness.</p> <p>1. Employees engaged in the handling, preparation, and serving of food shall wear clean clothing at all times. Employees shall wear hair restraints, for example, hairnets, headbands, caps, or other adequate means to prevent contamination of food from hair. Employees whose duties include contact with residents shall change clothing or wear a clean covering over clothing before handling, preparing, or serving food.</p> <p>2. Employees handling food shall wash their hands thoroughly before starting work each day, immediately after contact with any soiled matter, and before returning to work after each</p>	A 702		

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A 702	<p>Continued From page 16</p> <p>visit to the rest room.</p> <p>3. Street clothing not worn by the employee shall be stored in lockers, dressing rooms, or closets designated for staff use.</p> <p>(g) Live Fowl or Animals. Live fowl or animals shall not be allowed in the food service area.</p> <p>(h) Smoking and Spitting. Smoking, other use of tobacco products, and spitting within the food service area shall be prohibited for all staff, residents, and visitors.</p> <p>(i) Dining in Kitchen. Dining in the kitchen shall not be permitted in Congregate assisted living facilities.</p> <p>(j) Paper for Food Wrapping. Only new paper, foil, or plastic wrap shall be used for wrapping of foods.</p> <p>(k) Laundering of clothing shall not be permitted in food preparation or service areas.</p> <p>This Rule is not met as evidenced by: Based on observations, interview and record reviews, hair restraints were not worn by employees to prevent food contamination. In addition, a refrigerator and freezer were not maintained at required temperatures.</p> <p>Findings:</p> <p>Hair Restraints</p> <p>On the morning on February 14, 2023, the</p>	A 702		

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A 702	<p>Continued From page 17</p> <p>surveyor observed EI#5 serving food to residents in the dining room. EI#5's hair was not restrained. EI#1 later explained to the surveyor that hair coverings had just been ordered and were now available for staff use.</p> <p>Refrigerator and Freezer Temperatures</p> <p>On the afternoon of February 14, 2023, the surveyor toured the facility's kitchen with EI#1. Both the refrigerator and freezer in the kitchen contained internal thermometers which recorded a temperature. The temperature was displayed on the front of each unit. When first observed, the refrigerator temperature was 45 degrees Fahrenheit and the freezer temperature was 18 degrees Fahrenheit. During the approximate 30 minutes of the kitchen tour, the temperatures were observed multiple times. The refrigerator temperature ranged from 45-50 degrees Fahrenheit and the freezer temperature ranged from 18-22 degrees Fahrenheit. No thermometers were found inside the refrigerator and freezer to verify the temperatures. Review of the facility's temperature log for the month of February revealed the following documented temperatures which were above the allowed temperature: February 4-refrigerator 45 degrees Fahrenheit; February 5-refrigerator 44 degrees Fahrenheit; February 7-refrigerator 43 degrees Fahrenheit; February 8-refrigerator 43 degrees Fahrenheit; February 9-freezer 27 degrees Fahrenheit at 6:00 AM and 12 degrees Fahrenheit at 6:00 PM and refrigerator 57 degrees Fahrenheit; February 10-refrigerator 42 degrees Fahrenheit at 6:00 AM and 49 degrees Fahrenheit at 6:00 PM and freezer 9 degrees Fahrenheit at 6:00 AM and 13 degrees Fahrenheit at 6:00 PM; February 11-refrigerator 47 degrees Fahrenheit at 6:00 AM and 46</p>	A 702		

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A 702	Continued From page 18 degrees Fahrenheit at 6:00 PM and freezer 12 degrees Fahrenheit at 6:00 AM and 8 degrees Fahrenheit at 6:00 PM; February 13-refrigerator 45 degrees Fahrenheit and freezer 19 degrees Fahrenheit. It was also noted that refrigerator and freezer temperatures were not documented on February 12, 2023. EI#1 informed the surveyor that she (EI#1) had not been made aware of the unacceptable temperatures even though a note on the temperature log read, "If unacceptable temperature observed notify the administrator immediately". EI#1 immediately arranged a service call for the refrigerator and freezer.	A 702		
A 703	420-5-20-.07 (3) Food Service. (3) Dietary Service. (a) Number of Meals. No fewer than three meals shall be provided each 24 hours. Food service shall be provided in a resident's room during temporary illness if necessary. The diet shall be well-balanced, palatable, properly prepared, and sufficient in quantity and quality to meet the nutritional needs of the residents in accordance with Dietary Reference Intakes of the Food and Nutrition Board of the National Research Council, National Academy of Sciences. The food must be adapted in type and preparation to the habits, preferences, and physical abilities of the residents. (b) Timing of Meals. A time schedule for serving meals to residents and personnel shall be established. Meals shall be served approximately five hours apart with no more than 14 hours	A 703		

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A 703	<p>Continued From page 19</p> <p>between the evening meal and breakfast. The time schedule of meals shall be posted with the menu. The facility shall make evening snacks available after service of the evening meal. The facility shall provide fluids throughout the day and shall make between-meal nourishment (snacks) available.</p> <p>(c) Menu. The menu shall be planned and written at least 1 week in advance. The current week's menu shall be posted in the food service area and shall be kept on file for the following 2 weeks. For any resident with a physician's order for a therapeutic diet, the facility shall have a copy of the diet and the facility shall document the adjustment of its menu to accommodate the resident's needs.</p> <p>(d) Alternate food selections or substitutes shall be made available to all residents.</p> <p>(e) A facility shall not obtain food from charitable organizations. A facility shall not avoid serving a meal by sending or transporting residents to missions, soup kitchens, or other charitable facilities for meals.</p> <p>(f) The amount of food on hand shall be sufficient to serve three meals per day to all residents for 3 days. Non-perishable food and potable water shall be maintained in the facility in sufficient quantity to serve three meals per day to all residents for 3 days.</p> <p>This Rule is not met as evidenced by: Based on observations and interview, the facility failed to post the weekly menu and mealtimes in</p>	A 703		

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A 703	Continued From page 20 the food service area. Findings: During a tour of the facility on February 13, 2023, no weekly menu and mealtimes were posted in the food service area. The required items were posted in the dining room prior to the end of the onsite survey by EI#1.	A 703		
A 803	420-5-20-.08 (3) Physical Facilities. (3) Resident's Physical Facilities. (a) All resident bedrooms shall have an outside window and shall not be below grade. Window areas shall not be less than one-eighth of the floor area, unless proper lighting, ventilation, and air-conditioning are provided. All specialty care assisted living facilities submitted for plan review on or after October 5, 2001, shall ensure that each resident bedroom has at least one outside window with a minimum of 20 feet of clear space to any structure, measured perpendicularly. A peripheral view of the exterior shall be provided from newly constructed bedrooms. Operable window openings may be restricted to prevent residents from exiting through the windows. (b) Resident bedrooms shall be located so as to minimize the entrance of odors, noise, and other nuisances. (c) Residents bedrooms shall be directly accessible to a main corridor or through no more than one intervening sitting room within the bedroom suite. In no case shall a resident bedroom be used for access to another resident's	A 803		

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A 803	<p>Continued From page 21</p> <p>room.</p> <p>(d) Residents bedrooms shall be individually and consistently identified, (numbered, lettered, or named).</p> <p>(e) Bedroom Size. As a minimum, floor area shall be as follows:</p> <ol style="list-style-type: none"> 1. Private bedroom without sitting area: 80 square feet. Double bedroom without sitting area: 130 square feet. 2. Private bedroom with sitting area: 160 square feet. Double bedroom with sitting area: 200 square feet. 3. Bedrooms shall accommodate no more than two residents. <p>(f) Bedroom furnishings. The resident has the right to furnish his or her room as he or she so chooses, within the facility's guidelines. If the facility offers to provide some or all of the furniture, as a minimum, bedrooms shall contain the following for each resident:</p> <ol style="list-style-type: none"> 1. A suitable built-in clothes closet or wardrobe with shelving space and clothing pole. 2. A bed with good springs and mattress and sufficient clean bedding. In no case shall a cot or rollaway bed be provided for residents. 3. A dresser or chest of drawers. 4. A bedside table and bed lamp. 	A 803		

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A 803	<p>Continued From page 22</p> <p>5. At least one comfortable chair, preferably an armchair, recliner, or rocker.</p> <p>6. Window shades, venetian blinds, or other suitable provisions for closing the view from the window.</p> <p>7. Adequate number of electrical outlets shall be provided. Extension cords, U.L. approved with overload protection capability may be used for light duty appliances and shall not pose a hazard to residents.</p> <p>8. A mirror in the bedroom or bedroom suite, unless contraindicated by a resident's condition.</p> <p>(g) Toilet and Bathing Facilities. As a minimum, the following toilet and bathing facilities shall be provided.</p> <p>1. For all residents' bedrooms, which do not have adjoining toilet and bathing facilities, plumbing fixtures shall be provided within the resident sleeping area according to the following ratios:</p> <p>(i) Bathtubs or showers one per eight beds.</p> <p>(ii) Lavatories one per six beds.</p> <p>(iii) Toilets one per six beds.</p> <p>2. When a semi-private bedroom is provided, the facility shall provide a means of privacy for dressing, bathing, and personal care. When common area bathrooms are provided, they shall be separated by partitions, curtains, or</p>	A 803		

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A 803	<p>Continued From page 23</p> <p>screens to provide for privacy in the baths and toilets.</p> <p>3. Non-skid mats or equal surface treatment and safety handgrips or grab bars shall be provided in tubs, showers, and at each toilet fixture. Grab bars shall be installed in new Group and Congregate facilities to conform to the currently adopted building code.</p> <p>(h) All essential mechanical, electrical, and resident care equipment shall be clean and maintained in a safe operating condition.</p> <p>(i) Bed and bath linens shall be clean and in good condition.</p> <p>(j) Housekeeping and maintenance shall provide services necessary to maintain a sanitary, orderly, and comfortable interior.</p> <p>This Rule is not met as evidenced by: Based on observations and interviews, the facility failed to maintain a sanitary, orderly and comfortable interior for residents and visitors.</p> <p>Findings:</p> <p>Upon entering the facility on the afternoon of February 13, 2023, the surveyor was informed by EI#2 that resident toilets were not functioning and the odors in the facility were caused by these plumbing issues.</p> <p>On the morning of February 14, 2023, four resident rooms were toured by the surveyor with EI#5. The bathrooms were observed in resident</p>	A 803		

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A 803	Continued From page 24 rooms #5, #6, #7 and #8. EI#5 and EI#6 informed the surveyor the residents in these rooms were being required to use the one public restroom at the opposite end of the hallway in the facility because the toilets in their rooms would overflow if flushed. EI#5 and EI#6 also explained the toilets had been repaired in the past few days but were only functional for about a day before overflowing again. A foul odor of sewage was noted in these bathrooms. Multiple times on February 14 and 15, 2023, the surveyor heard residents of these rooms complaining about having to go down the hallway to use the restroom. EI#1 informed the surveyor that EI#9, Maintenance, had been working on the plumbing and had removed blockages but the problem still existed. On February 16, 2023, EI#1 reported to the surveyor that an outside company had repaired the plumbing issues the previous day.	A 803		
A 804	420-5-20-.08 (4) Physical Facilities. (4) Food Service Facilities. (a) Floors. Floors in food service areas shall be of such construction as to be easily cleaned, sound, smooth, non-absorbent, without cracks or crevices, and shall be provided with approved and conveniently located facilities for the disposal of floor wash water. (b) Walls and Ceilings. Walls and ceilings of food service areas shall be of tight and substantial construction, and smoothly finished. The walls and ceilings shall be without horizontal ledges and shall be washable up to the highest level reached by splash and spray. Roofs and walls shall be maintained free of leaks. All openings to the exterior shall be provided with	A 804		

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A 804	<p>Continued From page 25</p> <p>doors or windows, which prevent the entrance of rain or dust during inclement weather.</p> <p>(c) Screens or Outside Openings. Openings to the outside shall be effectively screened, or suitable provisions made equal to screening (such as fly fans). Screen doors shall be equipped with self-closing devices.</p> <p>(d) Lighting. The kitchen, dishwashing area, and the dining room shall have adequate light.</p> <p>(e) Ventilation. Vent/exhaust hoods, vented to the outdoors, shall be provided over cooking surfaces to aid in removing cooking odors. Group homes with residential stoves may use a residential hood sized for the stove. Commercial exhaust hoods shall be installed when commercial cooking equipment is used. Congregate facilities shall use a commercial exhaust hood system.</p> <p>(f) Employee Toilet Facilities. Toilet rooms, if provided, shall not open directly into any room or space in which food is prepared, stored, displayed, or served, nor into any room in which utensils are washed or stored. Toilet rooms shall include a lavatory with a soap dispenser and disposable towels, and shall be well lighted and ventilated.</p> <p>(g) Hand washing Facilities. Each Group and Congregate specialty care assisted living facility shall provide a hand washing lavatory in the kitchens which shall be equipped with a soap dispenser and a supply of soap, disposable towels, and hot and cold running water through a mixing valve or combination</p>	A 804		

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A 804	<p>Continued From page 26</p> <p>faucet. The use of a common towel and common bar soap is prohibited. Hands shall not be washed in sinks where food is prepared.</p> <p>(h) Refrigeration Facilities. Adequate refrigeration facilities, automatic in operation for the storage of perishable foods, shall be provided Refrigeration shall be maintained at 41 degrees Fahrenheit or less. All refrigerators shall be provided with thermometers. All refrigerators shall be kept clean.</p> <p>(i) Equipment and Utensil Construction. Equipment and utensils, except single service utensils, shall be so constructed as to be easily cleaned and shall be kept in good repair. No cadmium plated, lead, or readily corrodible utensils or equipment shall be used.</p> <p>(j) Separation of Kitchen from Resident Rooms and Sleeping Quarters. Any room used for sleeping quarters shall be separated from the food service area by a solid wall with no direct openings. Sleeping accommodations shall not be permitted within the food service area.</p> <p>(k) Clean Rooms. Floors, walls, and ceilings of rooms in the food service area shall be clean and free of an accumulation of rubbish, dust, grease, dirt, etc.</p> <p>(l) Clean Equipment. Equipment in the food service area shall be clean and free of dust, grease, dirt, etc.</p> <p>(m) Clean Counters, Tables, Tablecloths, and Napkins. Tables and counters, which are used for food service, shall be kept clean. Tablecloths and cloth napkins shall be</p>	A 804		

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NAME OF PROVIDER OR SUPPLIER SERENITY SOUTH TROY SENIOR LIVING III	STREET ADDRESS, CITY, STATE, ZIP CODE 610 BOTTS AVENUE TROY, AL 36081
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A 804	<p>Continued From page 27</p> <p>laundered after each use.</p> <p>(n) Location and Space Requirements. Food service facilities shall be located in a specifically designated area and shall include the following rooms and space: kitchen, dishwashing, food storage, and dining room.</p> <p>(o) Equipment. Minimum equipment in the kitchen shall include the following:</p> <ol style="list-style-type: none"> 1. Range. In a Group specialty care assisted living facility, a residential use range is permitted. A Congregate specialty care assisted living facility shall have a heavy duty range suitable for institutional use with double oven, or equivalent. 2. Refrigerator. A Group specialty care assisted living facility may use a residential refrigerator. A Congregate specialty care assisted living facility shall have a heavy-duty refrigerator suitable for institutional use. 3. Fire extinguisher. Five-pound type BC for residential hoods and K type for commercial hoods. 4. Dishwashing. The dishwashing equipment for Group assisted living facilities shall be either residential type using cold water sanitizers or commercial type with a booster water heater. Dishwashing equipment for all Congregate assisted living facilities shall be commercial type using a booster water heater or an automatic dispensing sanitizing chemical system. 5. A three-compartment sink with a 	A 804		

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A 804	<p>Continued From page 28</p> <p>booster heater or chemical sanitizing system for the third compartment shall be provided in Congregate assisted living facilities.</p> <p>6. Garbage cans with cover.</p> <p>(p) Food Storage. A well-ventilated, cool food storage room, pantry, or cabinets shall be provided. Adequate shelving, bins, suitable cans, and raised platforms shall be provided and kept clean. Perishable food shall be stored at least six inches above the floor. The storeroom shall be of such construction as to prevent the invasion of rodents and insects, the seepage of dust and water, leakage, or any other source of contamination.</p> <p>(q) Dining Room.</p> <p>1. A resident dining room, or rooms, shall be provided which is large enough to seat not less than 100 percent of the bed capacity.</p> <p>(r) Water Heating Equipment. Equipment for heating an ample supply of water, under pressure, for all washing purposes shall be provided. Hot water shall be piped to all hand-washing facilities, and to each compartment of all dishwashing and laundry sinks. Water heaters shall be of the automatic type.</p> <p>This Rule is not met as evidenced by: Based on observations and interviews, equipment in the food service area was not clean.</p>	A 804		

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A 804	Continued From page 29 Findings: During a tour of the facility's kitchen with EI#1, on February 14, 2023, the surveyor observed the stove and oven. The stove top and burners contained a thick coating of black grease and food buildup. A screen in front of the kitchen hood was coated in grease and dust. EI#1 informed the surveyor she (EI#1) was new to the facility and was unsure when the equipment had been cleaned. The stove, oven and screen were professionally cleaned during the onsite survey.	A 804		
A1001	420-5-20-.10 (1) Sanitation and Housekeeping. (1) Sanitation. (a) Water Supply. 1. If at all possible, all water shall be obtained from a public water supply. If it is impossible to connect to a public water system, the private water supply shall meet the approval of the local County Health Department. 2. Water under pressure of not less than 15 pounds per square inch shall be piped within the building to all sinks, toilets, lavatories, tubs, showers, and other fixtures requiring water. Tubs, showers, sinks, lavatories, and other fixtures used by residents shall have hot water supplied. Hot water accessible to residents shall in no case exceed 110 degrees Fahrenheit. (b) Disposal of Liquid and Human Wastes. 1. There shall be installed within the	A1001		

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A1001	<p>Continued From page 30</p> <p>building a properly designed waste disposal system, connecting to all fixtures to which water under pressure is piped.</p> <p>2. All liquid and human waste, including floor wash water and liquid waste from refrigerators, shall be disposed through trapped drains into a public sewer in localities where such system is available.</p> <p>3. In localities where a public sanitary sewer is not available, liquid and human waste shall be disposed through trapped drains into a sewage disposal system approved by the local County Health Department. The sewage disposal system shall be of a size and capacity based on the number of residents and personnel housed and employed in the institution. Where the sewage disposal system is installed at an existing facility prior to granting of a license, it shall be inspected and approved by the local County Health Department.</p> <p>(c) Premises. The premises shall be kept neat and clean. The property shall be free of rubbish, weeds, ponded water, or other conditions, which may create a health, safety, or sanitation hazard.</p> <p>(d) Control of Insects, Rodents, and other Pests. Each facility shall be kept free of ants, flies, roaches, rodents, and other pests. Proper and lawful methods for their eradication or control shall be used. Droppings shall be evidence of infestation by pests.</p> <p>(e) Toilet Room Cleanliness. Floors, walls, ceilings, and fixtures of all toilet rooms shall be kept clean and free of objectionable odors.</p>	A1001		

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A1001	<p>Continued From page 31</p> <p>These rooms shall be kept free of an accumulation of rubbish, cleaning supplies, toiletry articles. The use of a common towel and common bar soap is prohibited.</p> <p>(f) Garbage Disposal.</p> <p>1. Garbage must be kept in water-tight suitable containers with tight-fitting covers. Garbage containers must be emptied at frequent intervals and shall be thoroughly cleaned and aired before using again.</p> <p>2. Garbage and waste shall be disposed of in accordance with local and state regulations.</p> <p>(g) Control of Odors. The facility shall be free of objectionable odors.</p> <p>This Rule is not met as evidenced by: Based on observations and interviews, the facility was not maintained free of odors.</p> <p>Findings:</p> <p>Upon entry to the facility and during the onsite survey, a foul odor of sewage was noted in resident toilet areas. Refer to deficiency 803 for additional information on plumbing issues at the facility. The plumbing issues were resolved during the onsite survey.</p>	A1001		
A1101	<p>420-5-20-.11 (1) Fire and Safety</p> <p>(1) General.</p>	A1101		

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A1101	<p>Continued From page 32</p> <p>(a) Fire Safety and Emergency Plan. All specialty care assisted living facilities shall maintain a current written fire safety, relocation, and evacuation plan. In facilities which do not have multiple smoke compartments, an evacuation floor plan shall be appropriately posted in a conspicuous place.</p> <p>(b) Fire Drills. Fire drills shall be conducted at least once per month in all facilities at varying times and days and quarterly on each shift. All fire drills shall be initiated by the fire alarm system. The drills may be announced in advance to the residents. The drills shall involve the actual evacuation of residents to assembly areas in adjacent smoke compartments or to the exterior as specified in the emergency plan to provide staff and residents with experience in exiting through all exits required by the Life Safety Code. Written observations of the effectiveness of the fire drill plan shall be assessed monthly, filed, and kept for at least three years.</p> <p>(c) Fire Drills During Resident Sleeping Hours. When drills are conducted between 9 PM and 6 AM, a coded announcement shall be permitted to be used instead of the normal audible fire alarm signals. These drills may be conducted without disturbing sleeping residents, by using simulated residents or empty wheelchairs.</p> <p>(d) Roller latches are prohibited on doors separating corridors from adjacent spaces.</p> <p>(e) If alcohol-based hand rub dispensers are used in the facility, the dispensers must be installed in a manner that:</p>	A1101		

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A1101	<p>Continued From page 33</p> <ol style="list-style-type: none"> 1. Minimizes leaks and spills. 2. Adequately protects against inappropriate access. 3. Complies with the requirements of the currently adopted Life Safety Code. <ol style="list-style-type: none"> (f) Fire Alarm and Sprinkler System. <ol style="list-style-type: none"> 1. Fire Alarm System. Where fire alarm systems are required, a corridor smoke detection system shall be installed on each floor, including areas open to the exit access corridor, to comply with NFPA 72, connected to the facility's fire alarm system. In lieu of corridor smoke detection, smoke detectors connected to the building fire alarm system may be installed in each resident's room, open areas, and at smoke doors (except that corridor smoke detection shall not be deleted when its use is dictated by other requirements). 2. Fire alarm and sprinkler system outages of more than 4 hours require evacuation of the facility or the establishment of a continuous fire watch. The fire watch procedure must be coordinated with the Department and the local Fire Marshal. Outages and fire watch documentation shall be reported to the Department within 12 hours or no later than the next duty day, and shall be corrected expeditiously. 3. The fire alarm system and the sprinkler system shall be inspected by licensed, trained, and qualified personnel at least semiannually for compliance with the respective codes. Inspection and Testing reports shall be maintained in the facility for a period of at least 3 	A1101		

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A1101	<p>Continued From page 34</p> <p>years.</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to conduct fire drills as required.</p> <p>Findings:</p> <p>Review of the facility's fire drill records, on the afternoon of February 14, 2023, revealed the following information. There was no documentation of any fire drills conducted at the facility for the months of May 2022, June 2022, July 2022, August 2022, September 2022, October 2022 and November 2022. The fire drills documented in January, February, March and April 2022 were all conducted on the same shift (2:00-10:00 PM). EI#1 and EI#2 were unable to provide documentation of any additional fire drills. Fire drills were not conducted monthly and quarterly on each shift as required for the year 2022.</p> <p>TONYA AVENATTI, REGISTERED NURSE CONNIE CHERRY, REGISTERED NURSE</p>	A1101		